

ORAL SEDATION INSTRUCTIONS

Before your appointment

- Arrive one hour before your scheduled appointment for the sedation.
- Nothing to eat or drink for 8 hours before the procedure. You may have water only, 4 hours before the procedure.
- You must arrange for someone to drive you home at the end of your appointment and assist you to your door. You cannot go home by public transit.
- Contact us prior to your appointment if there has been a change in your general health (such as severe cold, fever, etc).
- Make a trip to the washroom prior to being seated for the sedation

FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN YOUR APPOINTMENT BEING CANCELED.

Following your appointment

- You must not drive a car or operate machinery for at least 18 hours
- You may be drowsy for the remainder of the day and should be recovering at home in the care of a responsible adult until you are fully alert.
- Do not travel by public transit
- Do not drink alcoholic beverages for 18 hours after surgery
- Do not sign any important papers or make important decisions the day of your surgery.

**If you have any concerns following your treatment please contact us at:
519-672-0931.**

To our patients, we provide our knowledge, skills and expertise. We encourage our patients to share with us their needs and concerns. Together we work to achieve the optimum in dental health. Dr. Jalal Daher & Associates.